



Ithaca Waldorf School Parent and Child Classes 2012

Our Waldorf Early Childhood programs provide a beautiful, healthy environment for growth and learning. Because young children imitate and take in their surroundings in a very deep way, our teachers create a warm setting and an inviting, harmonious classroom.

All of our Early Childhood programs include:

- Creative play with simple, beautiful toys made from natural materials
- Snacks made with organic whole foods
- Songs and finger plays to learn and take into your family life
- Puppet shows and stories to create wonder and joy
- A gentle introduction to working and playing with others

Parent/teacher conversations include:

- Practical parenting issues including sleeping, eating, care-giving, establishing rhythm and routines, and care and protection of the senses for the young child
- How to support your child's natural growth and healthy development
- Ways to foster joy and self-confidence in your child
- The benefits of allowing freedom of movement
- The practice and benefit of observation
- The emerging social life of the young child

Parent and Child Program - Roots and Shoots

Our Parent and Child classes serve as an introduction to our school's Early Childhood program. In this class, parents will learn how to observe and meet their child's needs at different developmental stages and to create a home life that supports healthy and nourishing growth. In each class, parents become acquainted with the Waldorf-style classroom and unique approach to child development, while making new friends, practicing simple domestic arts, and often finding answers to parenting questions. Classes are taught by an experienced Early Childhood teacher and are open to children 20 months through 3 years to attend *with a parent or caregiver*. Teacher: Larisa Kuznetsova. Price: see enrollment form. Must pay in advance; non-refundable, includes all supplies. Our Early Childhood programs are located on the second floor of the First Presbyterian Church, 315 North Cayuga Street in downtown Ithaca. Please use the entrance off Court Street.

Board of Trustees

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Kindergarten program - Apple Blossom Class

In our Kindergarten class, children gain strength and independence while being carried through the year with a predictable daily rhythm. A sense of wonder and joy is fostered through the daily experience of work and play with others while celebrating the seasons and festivals together. Music, language, movement, and plenty of outdoor time, stories, puppet shows, self-directed play, and purposeful work activities and crafts help build developmental readiness and a strong imagination which leads to healthy development of cognitive skills. This class is available for children 3-6 years of age for 4 or 5 days a week. You may choose the half-day option, 9:00-12:30 or the full day, 9:00-3:00. After-school care until 5:30 is also available. Teacher: Karen Lonsky. Call 273-5184 or email ithacawaldorf@gmail.com for tuition information and an application.

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Early Childhood Teacher Biographies

Roots and Shoots – Larisa Kuznetsova holds a Bachelors degree in Music Education and a Masters in Russian and Russian Literature. She formerly taught middle and high school in Russia. For the last six years, she has taught private Russian lessons in Ithaca. She has been a Waldorf parent for the last 6 years and an assistant kindergarten teacher at Ithaca Waldorf School for four years, before becoming a lead Kindergarten teacher in 2010. She loves handwork and gardening and begins her Waldorf teacher training in summer, 2012.

Kindergarten Lead Teacher – Karen Lonsky’s introduction to Waldorf education began in 1986 when her daughter joined the first grade in the Waldorf School of the Finger Lakes. This was the beginning of her interest in and commitment to bringing the wisdom and joy of Waldorf education to young children and their families. Ms. Lonsky has her Waldorf certification from Sunbridge College. She has taught in Waldorf and Waldorf-inspired schools in the area for more than 23 years. As well as teaching Kindergarten and Parent-Child Classes, she has interests in music, puppetry, and handcrafts. Ms. Lonsky lives with her husband, Joe, along with 4 cows, 20 chickens and a dog in Genoa, NY. She and her husband perform and sing together in several musical groups.

Kindergarten Assistant – Laura Catapano attended Green Meadow Waldorf School and has a Bachelor of Arts degree in Creative Writing with an Art minor from Ithaca College. While pursuing her education, she also worked in private child care for over ten years before coming to Ithaca Waldorf School as a kindergarten assistant and After-School care coordinator. She has been with IWS for two years and will be pursuing her Waldorf teacher training in 2012. She has an interest in writing children’s stories and poetry as well as art, music, storytelling, and handwork.



Parent and Child Enrollment Application 2012

Please return this application along with payment to The Ithaca Waldorf School, c/o Gloria Varga, LAP Co., 309 Third Street, Ithaca, NY 14850. Classes are located at the Ithaca Waldorf School, 315 North Cayuga Street; the First Presbyterian Church (use entrance on Court Street).

Child's Name _____ Birth Date _____ Gender _____

Please indicate food allergies (Use reverse side if necessary): _____

Roots and Shoots: 9:30 AM – 12 PM, Pre-registration required. Non-refundable fee includes supplies.

- _____ Tuesdays - \$260 (Winter)
- _____ Wednesdays - \$260 (Winter)
- _____ Tuesdays and Wednesdays - \$490 (Winter)
- _____ Tuesdays - \$208 (Spring)
- _____ Wednesdays - \$208 (Spring)
- _____ Tuesdays and Wednesdays - \$385 (Spring)

Winter Session – 10 weeks
 January 24/25 – April 3/4

Spring Session – 8 weeks
 April 17/18 – June 5/6

Parent Information:

_____		_____	
1 st Parent's Full Name (Print)		2 nd Parent's Full Name (Print)	
_____		_____	
Home Address		Home Address (if different)	
_____		_____	
Home Phone	Work/cell phone	Home Phone	Work/cell phone
_____	_____	_____	_____
Occupation	email address	Occupation	e-mail address
_____	_____	_____	_____

Would you like to be added to the IWS listserv? Y _____ (indicate e-mail address above) N _____

Signature #1 _____ Date _____

Signature #2 _____ Date _____

The Ithaca Waldorf School is a designated 501(C)(3) tax exempt, non-profit organization. We do not discriminate on the basis of religion, race, color, national nor ethnic origin, nor sexual orientation.